BECOMING ANTI-RACIST
23 Things You Can Watch, Listen, or Do.

This toolkit is a starting point. There are many valuable resources available to support you as you seek to understand and become anti-racist, and these are a few that our team has found helpful. The first step is being open to learning and committing to the ongoing journey of becoming anti-racist.

AS A WHITE PERSON, WHERE CAN I START?

Read (10 min):
4 Steps We Can Take as White People by Christina Marie Noel

“If I’m being completely honest, a large part of my hesitation to write about racism has stemmed from the fear of somehow “getting it wrong.” I was afraid I might offend someone, use the wrong language, or accidentally be disrespectful in some way.”

WHAT DOES IT MEAN TO EXPERIENCE RACISM?

Read (5 min):
Don’t understand the protests? What you’re seeing is people pushed to the edge by Kareem Abdul-Jabbar

Read (8 min):
Who gets to be afraid in America? by Ibram X. Kendi

WHAT IS THE HISTORY OF ANTI-BLACK RACISM AND SLAVERY? WHERE DID THIS COME FROM?

Listen (Six 30-minute episodes):
The 1619 Podcast by The New York Times

Explore:
The full 1619 Project by The New York Times

AS A WHITE PERSON, HOW CAN I UNDERSTAND “WHITE PRIVILEGE”?

Read (20 min):
Understanding White Privilege by Frances E. Kendall

Read (15 min):
Unpacking the Invisible Knapsack by Peggy McIntosh

TALKING ABOUT RACE, AS A WHITE PERSON, CAN BE UNCOMFORTABLE – WHY IS THAT?

Read (15 min):
From White Racist to White Anti-Racist: the Lifelong Journey by Tema Okun

WHY DON’T WHITE PEOPLE TALK ABOUT RACE?

Read (10 min):
White people are still raised to be racially illiterate by Robin DiAngelo

Go Deeper:
Read the book White Fragility by Robin DiAngelo
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WHAT IS “ANTI-RACISM”? DOES “RACIST” DESCRIBE A PERSON OR AN IDEA?

Watch (60 min):
Wesley Lowery and Ibram X Kendi discuss “Stamped from the Beginning”
• If you only have 10 minutes: start here (minute 15)

Read (10 min):
What It Means to Be Anti-Racist, Vox by Anna North

Go Deeper:
How to be Antiracist by Ibram X Kendi

HOW DO I START CONVERSATIONS ABOUT RACE?

Respond to everyday interactions with tips from Teaching Tolerance

Start a book club with the White Fragility group guide
Note: useful tips beyond just this book

Listen:
Talking Race with Young Children podcast by NPR

Go Deeper:
So You Want to Talk About Race by Ijeoma Oluo

I’M CURIOUS TO LEARN MORE NOW...WHAT ELSE CAN I READ?

The Fire Next Time by James Baldwin
Two essays on the consequences of racial injustices written during the emerging civil rights movement

Just Mercy by Bryan Stevenson
Dive deeper into the injustices in the U.S. criminal justice system

Breaking Hate: Confronting the New Culture of Extremism by Christian Picciolini
Understanding how to break extreme hate in the U.S.

WHAT ELSE CAN I DO?

Put it into practice:
Being AntiRacist by Angela Y. Davis

Put it into practice:
75 things white people can do for racial justice

HOW DO I JUMP INTO EXISTING CONVERSATIONS ABOUT RACE?

Listen:
Code Switch by NPR
Podcast, 20-30 minute episodes

Photos by Dennis Elliott @ddesigns